



EUROPARC
Atlantic Isles

Conservation Without Frontiers

EUROPARC NORDIC-BALTIC AND ATLANTIC ISLES SECTION SEMINAR

December 3-4, 2014 / Haapsalu, Lääne county

There is a strong relationship between human health and the natural environment. It has become an important field of work for both science and policy. In today's world we are facing many challenges in terms of human well-being. However nature offers solutions! This seminar offers an opportunity to explore some of these solutions together with the research community and protected area practitioners.

Estonian poet Paul-Erik Rummo has said about Lääne county:
Here you are born. On flat land. Here is your peace and balance.

These lines represent the county so well and this is why the seminar is organized in a quiet, but relaxing environment.

Looking forward to seeing you!

Nordic-Baltic Section secretariat 2012-2014

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Atlantic Isles

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The seminar is organized by the Environmental Board in collaboration with EUROPARC Atlantic Isles and Nordic-Baltic countries and financed by the Environmental Investment Centre



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Please note that the organizers have the right to do minor changes in the programme!



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December 3, 2014 – Seminar „How to integrate nature into human well-being“ / Villa & Restaurant SOFFA, Posti 1, Haapsalu town, Lääne county

- 09:45-10:00** REGISTRATION
- 10:00-10:15** Welcoming words
- 10:15-11:45** * Health and nature – global and European perspective / Matti Tapaninen, Metsähallitus Parks & Wildlife Finland, Head of Region, a.i. Recreation and Nature Tourism
* How to boost and implement the Healthy Parks Healthy People Initiative in Southern Europe / Giacomo Benelli, EUROPARC Federation, Consultant
* Developing Scotland’s Natural Health Service / Alan Macpherson, Scottish Natural Heritage, People & Places Group Manager
* Conclusions of part I
- 12:15-13:15** LUNCH
- 13:15-14:45** * Breathing space or blurred vision? Exploring the evidence for health benefits of national parks / Conor Kretsch, University of Nottingham, Research Fellow in Ecosystems and Health, Faculty of Social Sciences
* Mindscape: Creating well- being through landscape / Sarah Sawyer, Wye Valley Area of Outstanding Natural Beauty, Community Links Officer
* Ways of using preserved nature areas in the good of human health (title to be confirmed) / Susanne Rosenild
* Conclusions of part II
- 14:45-15:15** COFFEE BREAK
- 15:15-16:15** WORKSHOPS (1. Testing the Health & Protected Areas Toolkit; 2. Report back from the World Park Congress)
- 16:15-16:30** Conclusions of workshops, final words
- 18:00** DINNER, evening programme

Seminar moderator Richard Blackman.

December 4 – Field trip in Haapsalu area

- 09:00-14:00** Field trip in and around Haapsalu, including LUNCH. *Check the weather forecast!*
- 14:00-15:30** Organized bus transport to Tallinn airport/harbour (drive takes ca 1,5 hours)

REGISTRATION

Registration should be made by **November 28th**! Fill in the web-based registration form at:

<https://docs.google.com/forms/d/1sEU0eNeDpCUCMnrgwW4pRNR0OvQP08M3-JZi5qnXwHU/viewform>



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PRACTICAL INFORMATION

Arrival to Tallinn airport and/or harbour is expected to be December 2nd by 18:00! Organized transport to Haapsalu will be provided on the arrival day at 18:00 and to Tallinn on the departure day at 14:00 after the field trip. If arriving later/departing earlier please contact Nele Sõber directly!

Costs:

The seminar, including meals and excursion is free of charge. Participants are to pay accommodation and travel themselves.

Accommodation:

1. only 16 places (**first come first served, please refer to the seminar**)

Villa & restoran SOFFA

Posti 1, Haapsalu,

e-mail: soffa@soffa.ee

web: www.soffa.ee

2. Other accommodation:

SPA Hotel Laine, www.laine.ee

Baltic Hotel Promenaadi, promenaadi.ee/en

Fra Mare Thalasso SPA, www.framare.ee

Other possibilities: www.haapsalu.ee/where-to-stay

Travel information:

By car to meeting venue: <https://goo.gl/maps/tD8Cj>

More information about Haapsalu and Lääne county: www.visithaapsalu.com

Estonia
Positively surprising

