**Programme offer**

Available any time; 2-3 (max. 4) people at a time. Date to be agreed

Main activities /topics:

* **Topic: Management of Biosphere Reserves;** Visit to Northern Vidzeme Biosphere Reserve (Ziemeļvidzemes Biosfēras rezervāts).
* **Topic: Designated Landscapes, contribution to biodiversity conservation;** Visit to Protected Areas in Kurzeme region - Moricsala Strict Nature Reserve (Moricsalas rezervāts; oldest PA in Latvia), Slitere National Park (Slīteres Nacionālais parks; areas affected by forest fires), Ovisi nature reserve (Ovīšu dabas liegums; management of Grey Dunes).
* **Topic: Management of various landscapes;** Visit to Gauja National Park (Gaujas Nacionālais parks; sightseeing spots around Sigulda/Gauja River valley; discussion about activities of ForRest Project <http://for-rest.daba.gov.lv/public/eng/> and the challenge to meet different aims; management of landscapes in Ungurmuiza manor park (oak alleys), forms of cooperation and maintenance).
* **Topic: Protection of landscapes on different levels;** Visits to Protected Areas in Latgale Region - Rāzna National Park (Rāznas Nacionālais parks; the only Latvian National Park with a detailed Landscape Protection Plan), nature park “Numerne” and Area of Protected Landscapes “Augšdaugava” (applying for UNESCO heritage at the moment).
* **Topic: wetland landscapes (bogs and marshes, lakes, seashore, forests).** Visit to Ķemeri National Park (Ķemeru Nacionālais parks).

More detailed agenda would be available as the dates are set; the sequence of activities can be different; more activities can be added, some can be removed and topics can be (slightly) adjusted to participant’s needs.

Further information about protected areas in Latvia:

<http://www.daba.gov.lv/public/eng/>
<http://www.daba.gov.lv/public/eng/protected_areas/>
<http://www.daba.gov.lv/public/eng/protected_areas/national_parks/>